



St Paul's Catholic Primary School

Praying at Home-A Guide for Families



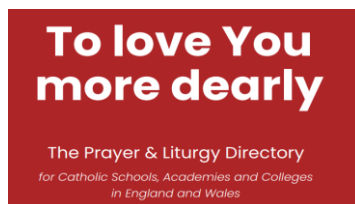
When we pray together, we recognise God's promise that His presence is with us. He brings us healing and offers us forgiveness. We remember Christ's words: "For where two or three are gathered in my name, there am I among them." (Matthew 18:20)

Across their time in our Catholic school, children are helped to pray in a variety of ways and are provided with many different experiences of liturgy and worship in the classroom and throughout the school day.

As part of our commitment to the ongoing spiritual development of our pupils we have also been looking at ways of supporting parents and carers to continue this within the home. Our class prayer books can be used to write family prayer intentions (either by an adult or child) or capture other prayer opportunities from home. We have also included a list of prayers that will be taught throughout the school and a 'Creative Ways of Praying' document that can be easily followed at home to create a moment of family prayer within the busy lives that we all lead.

Please also see our school website for more information on prayer and liturgy.

We would be very grateful if you ensure that Prayer Books and other resources sent home are treated with respect and returned to the class when you have finished.



Prayer Progression

We have developed a clear prayer progression so that each class is clear on the prayers to be learnt. This is also available for parents on the prayer section of our school website.

Early Years	Make the sign of the cross Morning prayer Lunch prayer End of the day prayer Greeting the Gospel (Alleluia) First few lines of Hail Mary
Year 1/2 KS1	<i>As above plus:</i> Hail Mary Our Father Spontaneous Prayer including Grace before meals Responses at Mass (And with your Spirit. Peace be with you. Thanks be to God) Prayers at Mass (Lord have mercy)
Year 3/4 Lower KS2	<i>As above plus:</i> The Glory Be Angel of God Act of Sorrow Act of Contrition The Apostles Creed Eternal Rest Prayers at Mass (Lamb of God)
Year 5/6 Upper KS2	<i>As above plus:</i> The Rosary Hail Holy Queen The Nicene Creed Prayer of St Francis Act of Faith Act of Hope Act of Love Prayers at Mass (Gloria) The Magnificat Come Holy Spirit