



St Paul's Catholic Primary School



Parent Consultation Presentation September 2020

RSE in Our School

Our School is a place of learning, a place of love

Prayer

Father,

Thank you for your great love for us. You sent your only Son to live with us and show us how to love.

As we explore teaching about relationships to the young people in our school, help us to keep them and Christ at the centre of our minds.

May The Holy Spirit bring us wisdom and peace in guiding our conversations.

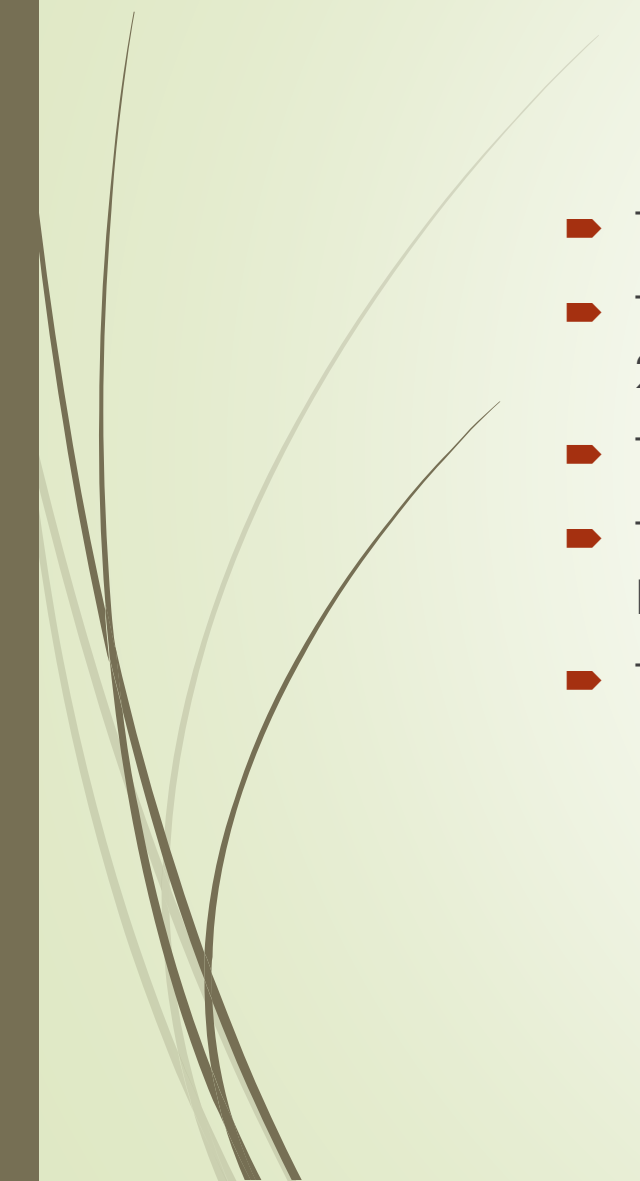
We commend to you our words and actions.

Amen





Objectives of this presentation:

- 
- To explore why RSE is important.
 - To share the statutory requirement of RSE coming into place in September 2020.
 - To explain what the statutory changes are to RSE provision.
 - To share the Curriculum and supporting documents from the Catholic Education Service.
 - To explain the timeline of implementation in our school.

Why is RSE important?

- ➡ Majority of parents support RSE.
- ➡ Some parents say that RSE was the responsibility of parents, and that they welcome the right they have (enshrined in current law) to withdraw their child from Sex education lessons
- Most of the young people present disagreed strongly, stressing that their parents have not in fact taught them!
- ➡ Many parents/carers don't discuss RSE as much as they wish to!

What do your
children need?
What do
you want
for your
children?

Why is RSE important?

Research show that effective, honest, well-delivered sex and relationship education:

- Delays a young person's first experience of sex

- Means they have fewer sexual partners

- Reduces the chance of teenage pregnancy.

Abstinence only sex education programmes are not proved effective in these areas.

(Unesco – international technical guidance on sexuality education)



The world in which they live

- Celebrity culture
- Media influences, social media
- Sexualised images –TV, advertising, online
- Access to pornography
- Online safety & behaviour, sexting, vulnerability to grooming

Impact of all of above on children and young people's attitudes, behaviour and values

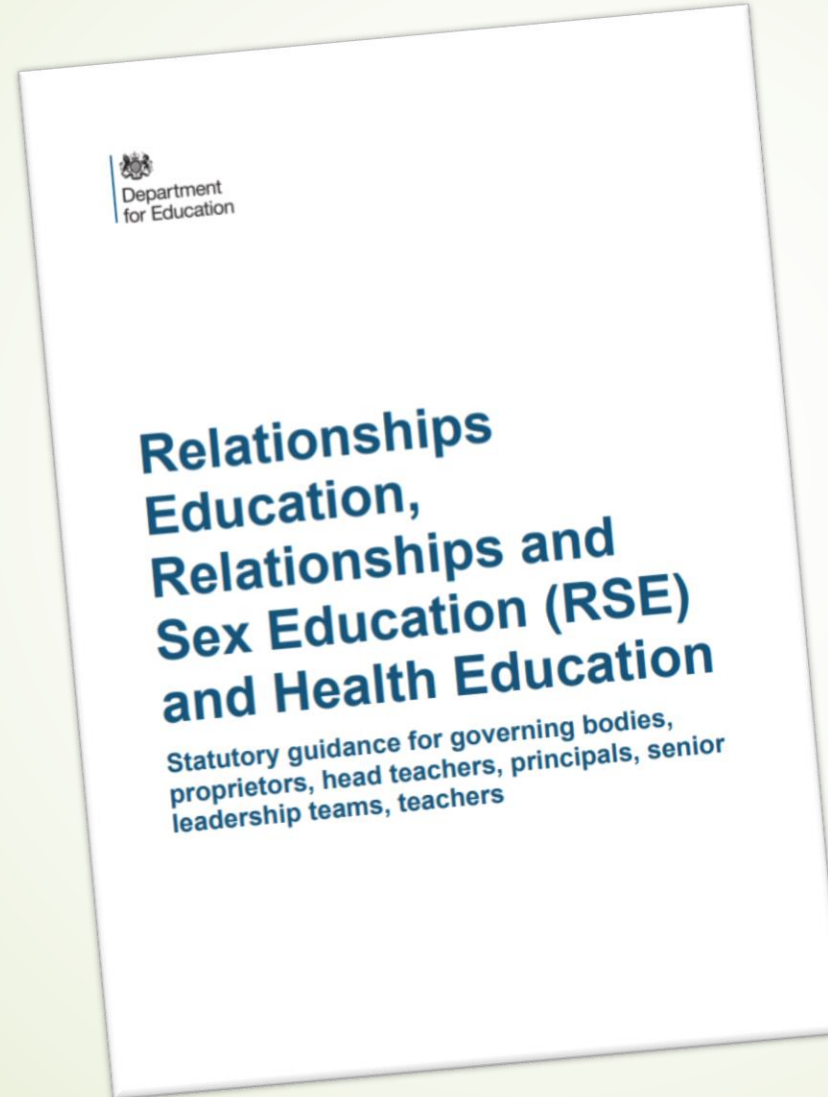


What we can offer through RSE:

- Understanding their value and the value of others.
- Instilling confidence and self-esteem.
- Reliable, correct information in a safe learning environment
- Knowing how to keep safe.
- Helping with peer pressure.
- Learning how to make sensible and informed decisions in a changing cultural climate.
- Understanding the positive impact of loving God, self, neighbour and our common home.



Statutory RSE



You will find a copy of this on our website under our Relationship Education Consultation Page

Primary Relationships Education

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online.

Your child will be taught what a relationship is, what friendship is, what family means and who can support them.

In an age-appropriate way, your child's school will cover how to treat each other with kindness, consideration and respect.

By the end of primary school, pupils will have been taught content on:

- families and people who care for me
- caring friendships
- respectful relationships
- online relationships
- being safe

You can find further details by searching '**relationships, sex and health education**' on GOV.UK.

Primary Health Education

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.

You can find further details by searching '**relationships, sex and health education**' on GOV.UK.

By the end of primary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body

(The science curriculum in all primary schools also includes content on human development, including reproduction, which there is no right to withdraw from.)

Vision for Relationship and Sex Education in Westminster Catholic Schools

It is our vision for Relationship and Sex Education in Catholic Schools in the Diocese of Westminster that pupils would learn how to foster healthy relationships and friendships in light of the wisdom of the Church.

Pupils will flourish when they truly understand their innate human dignity, love and appreciation of themselves, including respect for their bodies, and the way they were made by God.

Pupils will learn to make sensible and informed decisions in a changing cultural climate, focussing on the virtues, such as patience and chastity, that ultimately lead to true happiness.

Sacred Scripture is key to this vision and the message Jesus gave us to love God, self, neighbour and our common home.

Who is responsible for teaching RSE?

- Parents
- Governors
- Headteacher
- Teachers and other staff
- Visitors and external speakers
- Parish and diocese



Who is responsible for the teaching of RSE?
Parents and carers

*"Sex education, which is a basic right and duty of parents, must always be carried out under their attentive guidance, whether at home or in educational centres chosen and controlled by them. In this regard, the Church reaffirms the law of subsidiarity, which the school is bound to observe when it cooperates in sex education, by entering into the same spirit that animates the parents"*¹

Parents are the first educators of their children. It is their right and responsibility to inform and educate their children in matters relating to human growth and development, particularly sexual development. Therefore, schools should always seek to work in partnership with parents and carers and the teaching offered by schools should complement and not replace their primary role. The Church has a special duty and right to educate as part of its mission, and a Catholic school is the principal means by which it assists parents in their duties.

This principle that parents are the first educators of children is sometimes used as a reason for not including sexual education in school curriculum, or for excluding the elements which deal with puberty and sexual behaviour. However, the principle is a general educational principle – not one that is specific to sexual education. Given that the education process is one of partnership between parents and educators this area too must be taught in school if the parents have sought this partnership in education by electing to send their child to a Catholic school. A Catholic school can no more avoid its responsibilities in this regard than can good Christian parents. The Church's emphasis that parents are the first teachers of their children, includes the recognition that parents will need and welcome help to teach their children about love, relationships and sexuality.²

Some parents and carers experience and express difficulty in discussing relationships and sex with their children. The school has a privileged role in collaborating with parents in their educative task and seeks to offer advice and to support them in this situation. This supportive role will be exercised with sensitivity. Many teachers say that parents often welcome the school's support and contributions to RSE, building on what parents begin and continue at home. Similarly, grandparents and the extended family often serve as positive role models for children and young people. They have enormous potential to be a positive influence.

Respecting the primary role of parents as educators in this area, schools should work with them at every stage of the development of the RSE programme as well as during the process of monitoring, review and evaluation

¹ The Truth and Meaning of Human Sexuality, Pontifical Council for the Family, 1995.
² See CCC 2223 et seq.
³ "The Pastoral Constitution 'Gaudium et Spes' in speaking of the dignity of marriage and the family presents the latter as the preferential place for the education of young people in chastity. But since this is an aspect of education as a whole, the co-operation of teachers with parents is needed in the accomplishment of their mission. Such education, therefore, must be offered within the family to children and adolescents in a gradual manner, always considering the total formation of the person." Sacred Congregation for Catholic Education, 'Educational Guidance in Human Love' (November 1, 1983), 15.

Partnership with parents

- Primary educators of children
- Unique knowledge of your children
- Ability to have regular conversations
- Impart our shared values.
- Teach along side the school.
- RSE most effective when reinforced at home and elsewhere.

- Some parents find it difficult or lack confidence.
- Some homes are unable to provide this.
- Some children prefer these conversations outside the home

We will work with parents along the way to include you in teaching Relationship Education. Please visit the parent portal for further ways in which you can support your child.

DfE- Parents rights

The important lessons you teach your child about healthy relationships, looking after themselves and staying safe, are respected and valued under this new curriculum.

Teaching at school will complement and reinforce the lessons you teach your child as they grow up.

Your child's school is required to consult with you when developing and renewing their policies on Relationships Education. These policies must be published online and be available to anybody free of charge.

You can express your opinion, and this will help your child's school decide how and when to cover the content of the statutory guidance. It may also help them decide whether to teach additional non-statutory content.

Schools are required to ensure their teaching reflects the age and religious background of their pupils.

DfE - Right to withdraw your child- Primary

You cannot withdraw your child from Relationships Education because it is important that all children receive this content, covering topics such as friendships and how to stay safe.

Your child's primary school can choose to teach Sex Education. If you'd like to know more about this, we recommend speaking to the school to understand what will be taught and when. If you do not want your child to take part in some or all of the lessons on Sex Education, you can ask that they are withdrawn. At primary level, the head teacher must grant this request.

The science curriculum in all maintained schools also includes content on human development, including reproduction, which there is no right to withdraw from.




Parent Consultation

We are consulting on our RSE policy.

The school welcomes and will take account of and listen to your views. Decisions will also be based on the needs of pupils, the views of staff and governors as well as compliance with legal requirements as set out in the DfE guidance and the Equalities Act 2010.

Please take a look at our consultation documents, including our proposed policy and parent information leaflet. We will then send out a questionnaire to ask for your views.



The next part of the presentation will explain our chosen programme to implement Relationship Education from September 2020

- We plan to teach Relationship Education to the children in the Summer Term 2021 across a few weeks



Session 1: The Vision

Aims and Outcomes

- Understand why the programme is taking place;
- Be inspired by the vision of **Life to the Full**;
 - Develop a broad understanding of the programme content;
- Know where further information about the programme content can be accessed.

Film: The Vision



Please navigate to the online parent portal to watch the vision video. It will be in the top right of the home page on the portal once you have logged in.

To access the online parent platform please visit:
www.tentenresources.co.uk/parent-portal

School Username: st-pauls-en7
School Password: fields-762

Programme STRUCTURE

- Key Stage One
- Lower Key Stage Two
- Upper Key Stage Two

Module 1
Created and
Loved by God



Units:

- Religious Understanding
- Me, My Body, My Health
- Emotional Well-being
- Life cycles

Module 2
Created to
Love Others



Units:

- Religious Understanding
- Personal Relationships
- Keeping Safe

Module 3
Created to Live
in Community




Units:

- Religious Understanding
- Living in the Wider World

Various Lessons and Sessions

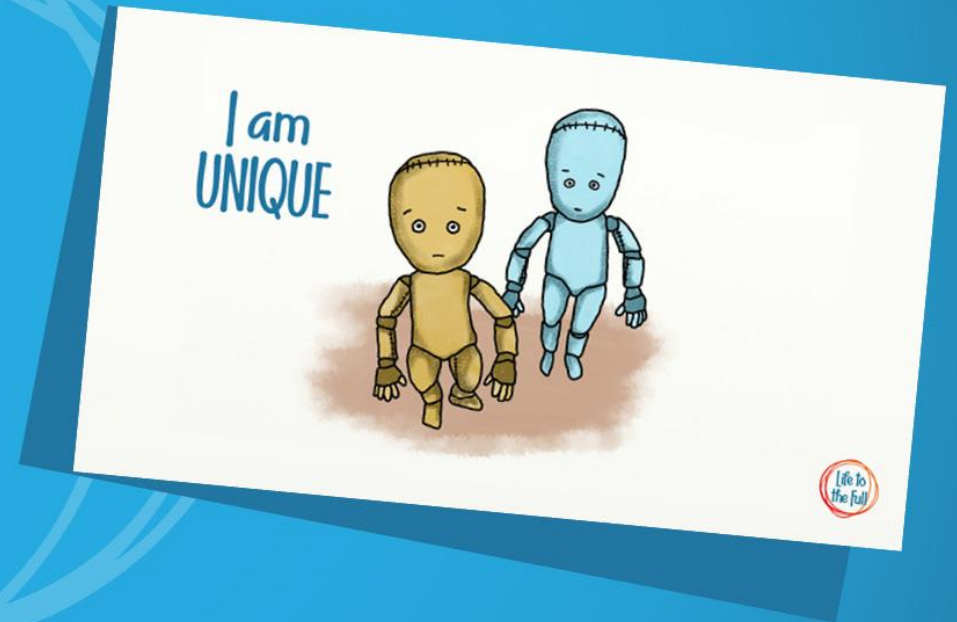
Module I: Created and Loved by GOD



Module One: Created and Loved by God explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.

Module I: Created and Loved by GOD

Kester's Adventures follows the story of Kester who is in search of his Maker. When he finds his maker, Abraham, Kester develops a deep and personal relationship with him over many years. As the children grow through the learning stages, Kester's story grows in complexity as he tries to understand his place in the world when faced with more challenging life decisions. Ultimately, he is always reminded that he was created by Abraham, along with his parents, and was loved and cared for even before he was born.



Module I: Created and Loved by GOD

What makes us DIFFERENT?

Eye colour
Hair colour
Height
Body shape
Skin colour
Age
Gender
Clothes

Language/Accent
Type of family
Gifts and talents
Favourite things

Leona



I'm Leona and I'm 6 years old. I've got curly brown hair which Mum always says looks like it's been dragged through a hedge backwards. I've got two older brothers who are twins. My favourite colour is yellow like the sun. Can you guess what my favourite thing to do is?

Some of those things are cool, but my favourite thing to do in the world is climb trees with my brothers. They're taller than me so can help me up to the higher branches!

Key Stage One:

- We are uniquely made by a loving God;
- We have differences and similarities;
- Key information about staying physically healthy;
- Understanding feelings and emotions, including strong feelings such as anger;
- The cycle of life from birth to old age.

The Cycle of LIFE



Can you help SUSIE?

What should she do? - TEETH BRUSHING

- ★ Brush your teeth twice each day, for around 2 minutes
- ★ Visit the dentist every 6 months
- ★ Brushing properly removes plaque - which can cause cavities (holes), toothache, gum disease and even our teeth to fall out!
- ★ It also gives us lovely fresh breath and stops our teeth feeling fuzzy!



Happy



Sad



Angry



Scared



Bored



Sleepy



Disgust



Calm

Module I: Created and Loved by GOD

Lower Key Stage Two:

- Understanding differences;
- Respecting our bodies;
- Puberty and changing bodies;
- Strategies to support emotional wellbeing including practicing thankfulness;
- The development of pupils' understanding of life before birth.



Module I: Created and Loved by GOD

Making BABIES



Peculiar FEELINGS



Menstruation



Gifts and TALENTS



Spots AND Sleep



Upper Key Stage Two:


- Appreciation of physical and emotional differences;
- A more complex understanding of physical changes in girl and boys bodies;
- Body image;
- Strong emotional feelings;
- The impact of the internet and social media on emotional well-being;
- A more nuanced and scientific understanding of life in the womb and how babies are made;
- Menstruation.

Module 1: Created and Loved by GOD

Paradise Street is an original drama series for Upper Key Stage Two which follows the story of 4 friends – Finn, Leyla, Marcus and Siobhan – who have different personal and social experiences related to growing up and puberty. Each episode lasts about 10 minutes and is followed by a time of teacher-led discussion with the pupils. Each session also includes an episode of “**Delving Deeper into Paradise Street**” in which two fun presenters explore the issues in the drama and provide some teaching for pupils (which also acts as guidance and support for teachers). Each concludes with a time of personal writing in a **Module 1 Workbook** which will help the pupils to digest and personalise the teaching.



Module 2: Created to Love OTHERS

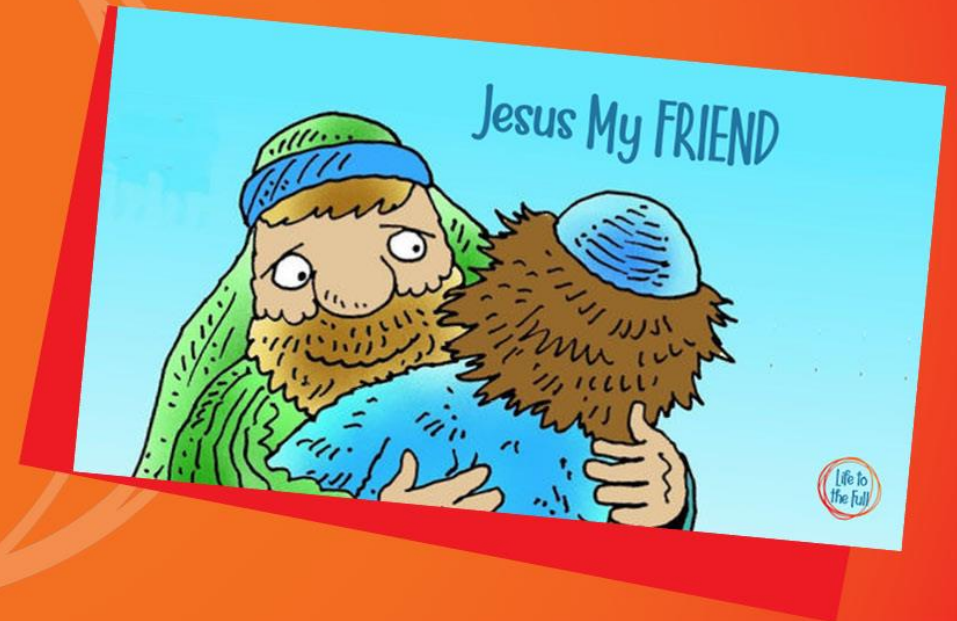


Module Two: Created to Love Others explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this module explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe.

Module 2: Created to Love OTHERS

Gospel Stories

At the start of each learning stage, we begin with a series of story sessions based on a key Gospel story which provides the religious foundation for the teaching that will follow. For example, through an imaginative retelling of the Prodigal Son, children deepen their understanding of the concept of sin and the importance of forgiveness in relationships.



Module 2: Created to Love OTHERS

GOOD Secrets

- Any secret that has a specific point in time when it will be revealed.
- Good secrets are *always* temporary.



BAD Secrets

- Any secret that you are expected to keep for a long time or forever.
- Nearly all bad secrets keep something hidden that is bad.



What makes a GOOD or a BAD friend?



The Adventures of Smartie the PENGUIN



NSPCC

EVERY CHILDHOOD IS WORTH FIGHTING FOR

My SUPER SPECIAL Squad

WHO is in your special squad?

WHAT makes them special to you?



Key Stage One:

Unit 'Personal Relationships':

- Special People in their lives who they love and can trust;
- Coping with various social situations and dilemmas;
- The importance and saying sorry and forgiveness within relationships.

Unit 'Keeping Safe':

- The risks of being online (incorporating 'Smartie the Penguin' from Childnet);
- The difference between good and bad secrets;
- Teaching on physical boundaries (incorporating the PANTS resource the NSPCC).

Module 2: Created to Love OTHERS

Lower Key Stage Two:

Unit 'Personal Relationships':

- Children to develop a more complex appreciation of different family structures;
- Activities and strategies to help them develop healthy relationships with family and friends;
- Techniques for managing thoughts, feelings and actions.

Unit 'Keeping Safe':

- Incorporates some NSPCC resources around online safety;
- Teaching on bullying and abuse through a series of animated stories.



Module 2: Created to Love OTHERS

Under PRESSURE



Life to the End

Knowing the RULES: 4 Types of Abuse



Emotional
Physical Abuse
Sexual Abuse
Social Abuse

To SHARE... Or NOT to Share?



You are having a great time with your family on holiday and take a selfie of yourself and your little sister both in your swimming gear. You want to share it to show your friends what a great time you're having.



CONSENT

Consent means that you give PERMISSION for something to happen.



Positive VS Negative Self-Talk



Upper Key Stage Two:


Unit 'Personal Relationships':

- Equip children with strategies for more complex experiences of relationships and conflict;
- Identify and understand how to respond to spoken and unspoken pressure;
- The concept of consent ;
- Further teaching on how our thoughts and feelings have an impact on how we act.

Unit 'Keeping Safe':

- Risks of sharing and chatting online;
- A more complex understanding of different forms of abuse.

Module 3: Created to Live in COMMUNITY



Module Three: Created to Live in Community explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.

Module 3: Created to Live in COMMUNITY

Trinity House is a story told throughout the programme from Years 1 to 6 at a growing level of complexity through each learning stage. It tells the story of the Trinity family who live in Trinity House – Abba, Adam and Amara – symbols of the creative circle of love between Father, Son and Spirit. Children will learn that just like the Trinity of God, we are made to love God and love others, and we are made to be loved by God and others. This extends not only to us, our families, our friends and our personal relationships, but also to the wider world.



Module 3: Created to Live in COMMUNITY



The Communities we LIVE in



WHO is my Neighbour?



Community



Subsequent sessions:


In subsequent sessions, this religious understanding is applied real-world situations, such as the community we live in, and through exploring the work of charities which work for the Common Good.

Note: some sessions in Module 3 are not available for the trial. Please see the Programme Overview for updated information on this.



Life to
the Full

Online PARENT Portal

- 
- Further information
 - Activities for home learning
 - Links to family prayers

www.tentenresources.co.uk/parent-portal



Glory Be

to the Father

and to the Son

and to the Holy Spirit.

As it was in the beginning is now,
and ever shall be, world without end.

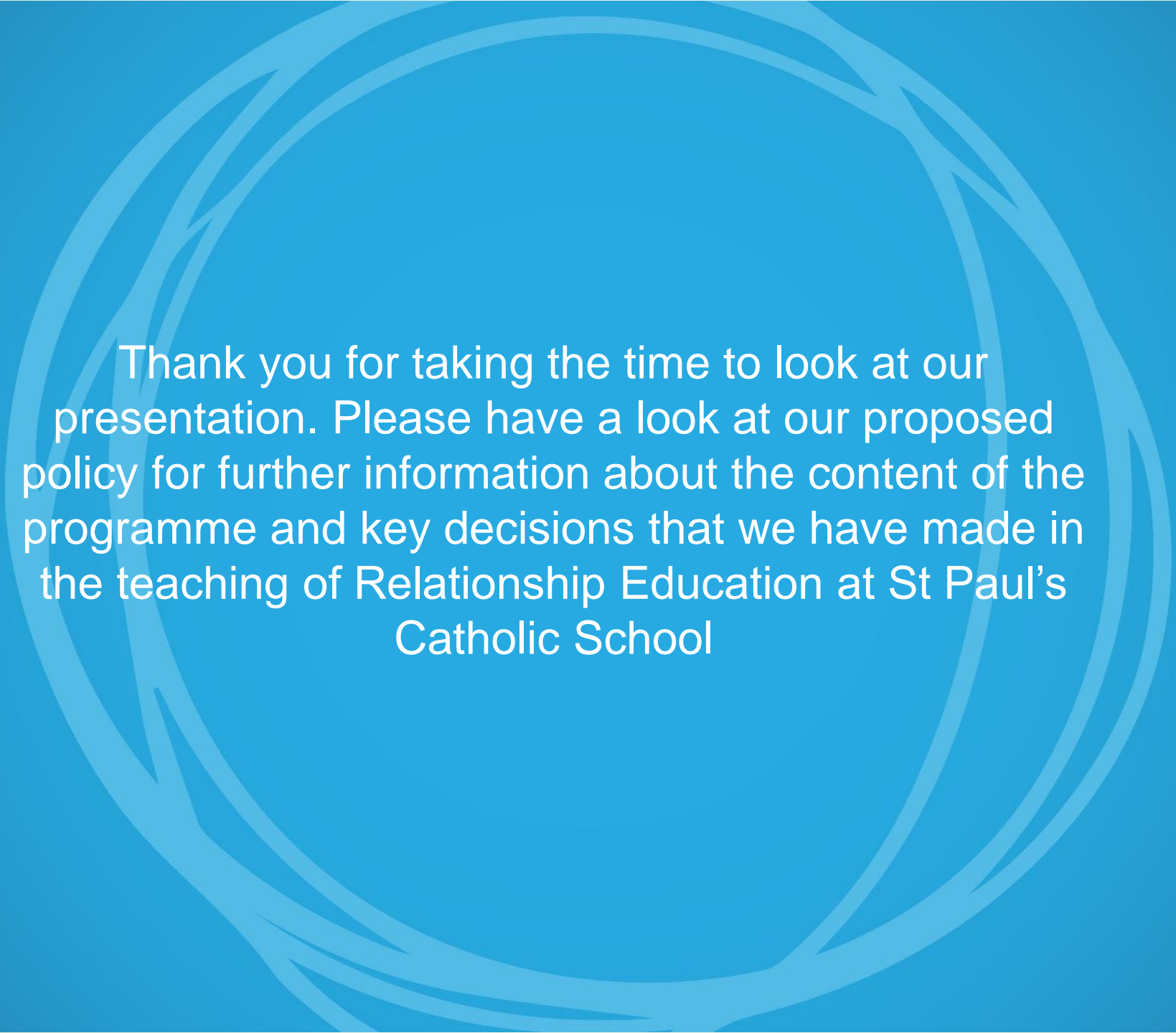
Amen



Session 1: The Vision

Aims and Outcomes

- Understand why the programme is taking place;
- Be inspired by the vision of **Life to the Full**;
 - Develop a broad understanding of the programme content;
- Know where further information about the programme content can be accessed;
- Contribute to Key Decisions about the programme content.

A large, stylized circular graphic composed of several overlapping, hand-drawn style lines in a lighter shade of blue, centered on the slide.

Thank you for taking the time to look at our presentation. Please have a look at our proposed policy for further information about the content of the programme and key decisions that we have made in the teaching of Relationship Education at St Paul's Catholic School