

DSPL4

DSPL4

Delivering Special
Provision Locally

March 2025

Delivering Specialist Provision Locally
DSPL 4 has links with many family support groups and services across Hertfordshire. Here you will find links to many of their websites containing contact lines, training, local support groups and more.



DSPL4

<https://www.dspl4.co.uk/>

»» DSPL4 SEND PARENT COFFEE MORNING - THURS 13TH MARCH

Following the success of our last DSPL4 SEND Parent/Carers coffee morning we have planned another one for Thursday 13th March from 10-11.30am at Holy Trinity School, EN8 8LU. All parent/carers of children who have SEND are welcome to attend this coffee morning and a chance to chat informally with professionals in Hertfordshire and other parent/carers for SEND support and guidance.



»» SENDIASS SUPPORT OFFER

- Listening to your views and concerns and work with you to explore your options
- Helping you to prepare for meetings
- Empowering you to feel confident to express your views & participate in decisions
- Helping you understand and interpret information in letters and reports
- Helping you with questions about your/your child's education, including choosing a school and the process of SEN support



To contact them: Phone 01992 555847 or info@hertssendiass.org.uk

»» FREE BITESIZE WORKSHOPS - ONLY 1 HOUR LONG



Is it Possible to Praise my Child too Much?

How do I Talk to my Teen about...?

Why Don't my Children get on with each other better?

[Click here for more information and to book onto the courses](#)

➤➤➤ TRAINING FOR PARENTS/CARERS

➤➤➤ FREE ASD/ADHD WORKSHOPS AND COURSES FOR PARENTS



ADD-VANCE COURSES

SPACE COURSES



ANGELS COURSES ANGELS PODCASTS



➤➤➤ HERTS HCT CHILDREN'S WELLBEING PRACTITIONERS

Herts Children's Wellbeing Practitioners are running free parent workshops on:

- Emotional Wellbeing Workshop (For young people 11-16)
- Child General Emotional Wellbeing and Regulation Tips for Parents
- Child Sleep Difficulties, -Developing Emotional Literacy,
- Child Self-Esteem, - Adolescent Self-Esteem,

[Click here to book](#)



➤➤➤ TALKING ASD & ADHD WORKSHOPS

This series of workshops are for parents and carers of young people with (diagnosed OR suspected) ASD & ADHD

- The Teenage Years
- Responding to Anger

[Click here to book!](#)



➤➤➤ MENTAL HEALTH TRAINING AND SUPPORT

NESSIE offer a range of workshops and courses that support various mental health and emotional/wellbeing needs.

They also offer a Parent Support Line on Thursdays between 9-12pm for further support 07932 651319





FAMILY SUPPORT WORKERS



BCW SCHOOLS
PARTNERSHIP



ADVICE AND GUIDANCE



HERTS SPECIALIST ADVICE LINES



SENDIASS



Early years (0 - 5)

01442 453 920

Wednesday 9am - 12pm

Thursday 1.30pm - 4pm

Physical and neurological impairment team (PNI)

01442 453 920

Monday 1.30pm - 4pm

Education Support for Medical Absence (ESMA)

01442 454 802

esmaenquiries@hertfordshire.gov.uk

Neurodiversity Hub

01727 833963

Monday to Friday 9am - 1pm

STEP 2 SKILLS
PREPARE FOR SUCCESS IN HERTS



EHCP SUPPORT

EHCP - HERTS LOCAL OFFER

IPSEA - INDEPENDENT

PROVIDERS OF SPECIAL EDUCATION
ADVICE

SENDIASS - HERTS SEND INDEPENDENT
ADVICE AND SUPPORT SERVICE



POST 16

STEP2SKILLS' 2025 INCLUSIVE JOB FAIRS

Watford Central Leisure Centre

12th March

**Aimed at aged 18 and over, with barriers
and challenges to employment**

**Book your free tickets: Inclusive Job Fair -
Watford Tickets, Wed, Mar 12, 2025 at
10:00 AM | Eventbrite**

>>> HERTS SEND NEWS



- Hear about the progress we made on SEND improvements in October - December 2024
- Exciting new activities for Spring (ages 14+ eligible for Short Breaks)
- Help shape services for children and young people in Hertfordshire (all ages)
- Lending SPACE - a new venue and a brand new sensory room (all ages)
- Services for Young People - Preparing for Adulthood Consultation (ages 13 -17)
- Events

>>> SPEECH AND LANGUAGE >>> AUTISM AND ADHD >>> PARENTING AND HEALTH



To contact the children and young people's therapy (CYPT) service:

Call: 01923 470 680, choose option 3, then option 1 for children not known to the service or option 2 for children known to the service

Email: hct.cyptherapies1@nhs.net

Twitter/X: [@Herts CYPT](https://twitter.com/Herts_CYPT)

Facebook:

facebook.com/HertsCYPT

<https://www.hct.nhs.uk/children-and-young-people-speech-and-language-therapy-parents>



<http://www.spaceherts.org.uk/>



<https://www.add-vance.org/>



<https://www.autism.org.uk/>



<https://www.pdasociety.org.uk/>



<https://www.adhdfoundation.org.uk/>



<https://www.ambitiousaboutautism.org.uk/>



[Families in Focus](https://www.familiesinfocus.org.uk/)



[Supporting Links](https://www.supportinglinks.org.uk/)



[beezee bodies](https://www.beezeebodies.co.uk/)



School Nursing Duty Line

Tel: 0300 123 7572

Monday to Friday 9am - 5pm



>>> MENTAL HEALTH AND WELLBEING

CAMHS

EMWIE

SANDBOX

YOUTH TALK

The Sandbox digital mental health service is a free service for 10-25-year-olds
Self-refer for access to The Sandbox Academy and/or a therapist

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>>> DSPL4 Managers Adrienne Viall and Laura Gilpin

<https://www.dspl4.co.uk/>

https://www.instagram.com/dspl_4/