>>> NEWSLETTER FOR PARENTS/CARERS

DSPL4

Delivering Specialist Provision Locally

DSPL 4 has links with many family support groups and services across Hertfordshire. Here you will find links to many of their websites containing contact lines. training, local support groups and more.



November 2024



DSPL4

https://www.dspl4.co.uk/

>>> DSPL4 SEND PARENT COFFEE MORNING - 26TH NOV 10AM

We would love to see you at our SEND Family Coffee Morning on 26th November from 10-11.30am at Middleton School. We will have professionals also attending from Early Years. Rivers Esc behaviour base. Middleton special school Outreach. Speech Language. Communication and Autism Team and from DSPL4 to meet and support you over a tea/coffee and biscuits.



>>> HERTFORDSHIRE NEURODIVERSITY **DIRECTORY**

Hertfordshire Children and Young People's Neurodiversity Service **Directory**. The services included in this provide a combination of early intervention and more specialist neurodiversity support.

>>> NEURODIVERSITY SURVEY

Hertfordshire Community NHS Trust and East and North Hertfordshire NHS Trust are seeking feedback on the current children's and young person's services referral process for autism and ADHD from parents and carers.

The survey is open to anyone who has a child / young person on the waiting lists for an autism or ADHD assessment, or whose child is already under the care of or has been discharged recently from these services. East & North Hertfordshire (includes: East Herts, North Herts, Stevenage, Broxbourne, Welwyn and Hatfield)

>>> TRAINING FOR PARENTS/CARERS



>>> FAMILIES IN FOCUS WORKSHOPS

Handling anger of children with ADHD/ASD - Tuesday evenings 6.30-8.30PM

Nov 5th 12th 19th 26th. Dec 3rd 10th

Handling anger of children with ADHD/ASD - Tuesday mornings 9.30-11.30AM

Nov 5th 12th 19th 26th. Dec 3rd 10th

Handling anger in your family (no SEN) - Monday evenings 6.30-8.30PM

Nov 4th 11th 18th 25th. Dec 2nd 9th

https://www.familiesinfocus.co.uk/parent-courses/





HERTS HCT CHILDREN'S WELLBEING PRACTITIONERS



Herts Children's Wellbeing Practitioners are running free parent workshops on:

- · Child emotional wellbeing and regulation. Emotional wellbeing for adolescents -
- · Child sleep difficulties.
- · Child self-esteem.
- School transitions

- Adolescent sleep difficulties.
- Adolescent self-esteem.
- Exam stress

Click here to book



TALKING ASD & ADHD WORKSHOPS



This series of workshops are for parents and carers of young people with (diagnosed OR suspected) ASD & ADHD have been commissioned by Hertfordshire County Council to provide support, information and advice for families of children living in Herts.

· School Avoidance

- Tech Use
- · Responding to Anger
- Teenage Years

Click here to book!

>>> STEP 2 SKILLS TRAINING

Level 1 Award in Preparing to Work in Schools



This qualification is aimed at a range of learners who are thinking of volunteering or working in a school setting including: young people, parents and mature learners

Date: Starts Friday, 15 November, 9:30am for 10 weeks

Location Online live streamed - Google Classroom

Price Tickets from £25





https://habsfamily.co.uk/

FAMILY SUPPORT WORKERS

BCW SCHOOLS PARTNERSHIP



https://www.chexs.co.uk/

https://st-maryshigh.herts.sch.uk/family-support/



>>> ADVICE AND GUIDANCE



>>> HERTS SPECIALIST ADVICE LINES



SEND 0-25 years

https://www.hertfordshire.gov.uk/micro sites/local-offer/the-hertfordshire-

local-offer.aspx



https://www.kids.org.uk/east-hub

https://www.hertssendiass.org.uk/home.aspx





<u> https://sossen.org.uk/</u>

https://www.ipsea.org.uk/



https://hertsparentcarers.org.uk/

Early years (0 - 5) 01442 453 920

Wednesday 9am - 12pm

Thursday 1.30pm - 4pm

Physical and neurological impairment team (PNI)

01442 453 920

Monday 1.30pm - 4pm

Education Support for Medical Absence (ESMA)

01442 454 802

esmaenquiries@hertfordshire.gov.uk

Neurodiversity Hub

01727 833963

Monday to Friday 9am - 1pm

>>> EHCP SUPPORT



EHCP - HERTS LOCAL OFFER

IPSEA - INDEPENDENT PROVIDERS OF SPECIAL EDUCATION ADVICE

SENDIASS - HERTS SEND INDEPENDENT ADVICE AND SUPPORT **SERVICE**

>>> HERTS SEND NEWS

Herts SEND News

- Inclusive job fairs from Step 2 Skills (ages 16+)
- DLD Awareness Day 18 October
- HPCI survey make sure you have your say
- Meet Katie, our Expert by Experience
- Improving communications from the Statutory SEND team survey
- Our letter to MPs asking them to support SEND reforms
- Events (including Halloween and half term activities)

SPEECH AND LANGUAGE >>> AUTISM AND ADHD



To contact the children and young people's therapy (CYPT) service:

Call: 01923 470 680, choose option 3, then option 1 for children not known to the service or option 2 for childen known to the service

Email: hct.cyptherapies1@nhs.net

Twitter/X: @Herts CYPT

Facebook:

facebook.com/HertsCYPT

https://www.hct.nhs.uk/childrenand-young-people-speech-andlanguage-therapy-parents



<u>http://www.spaceherts.org.uk/</u>



https://www.add-vance.org/



https://www.autism.org.uk/



https://www.pdasociety.org.uk/



https://www.adhdfoundation.org.uk/



https://www.ambitiousaboutautism.org.uk/

>>> PARENTING AND HEALTH



Keeping you up-to-date with

Hertfordshire's SEND information

(including HAND)

Families in Focus



<u>Supporting Links</u>



beezee bodies



>>> MENTAL HEALTH AND WELLBEING

School Nursing Duty Line Tel: 0300 123 7572

Monday to Friday 9am - 5pm

NHS Hertfordshire Partnership University









CAMHS

EMWIE

SANDBOX

YOUTH TALK



>>> DSPL4 Managers Adrienne Viall and Laura Gilpin

https://www.dspl4.co.uk/ https://www.instagram.com/dspl_4/